



LAGUNA

LIFESTYLE



DISCOVERY SCUBA DIVING (DSD)

Discovery scuba diving in the pool is suitable for beginners who wish to try scuba diving. This course is popular for beginners who seeks to try out before committing to the full Open Water Diver course.

In this 3 hour session, you will learn basic scuba diving skills such as breathing underwater using a regulator, how to clear your mask when it fogs, maintaining neutrally buoyant using a buoyancy compensation device and basic hand signal to communicate with your dive buddy underwater.

SCUBA DIVING WITH GILL DIVERS

From an adventure to witness the wonders of an underwater paradise to seeking new challenges in the vast ocean, the passionate and dedicated crew of Gill Divers are here to ensure an enriching and fulfilling dive trip that will have you wanting for more!



FOUNDER / INSTRUCTOR: RYNIS

A former professional in the fashion industry, Rynis's experience in the creative industry gave her the freedom and ability to capture and share the beauty of the underwater world. As a dive instructor, she provides the right guidance to introduce safe diving practices and educates people on the ocean while inspiring them to start making changes to make it better.

QUALIFICATIONS

- PADI Master Scuba Diver Trainer
- 8 years of diving experience
- Bilingual - Mandarin and English



PARTNER / INSTRUCTOR: AMBER

A former mechanical Engineer and interior designer, Amber, a dive master, has been diving actively since 2018 and has since clocked nearly 100 dives.

QUALIFICATIONS

- Rescue Diver certification by PADI
- Dive Master certification by PADI

PROGRAMMES

Discovery Scuba Diving (DSD)

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Equipment provided

- Scuba equipment
- Underwater photo/video taking

Prerequisite

- 13 years old
- Do not need to know to swim but not afraid of being in the pool

Member: **\$165++** , Guest: **\$180++**
Duration: **3 hrs per session**

PADI SealTeam™ (Part 1)

The PADI Seal Team is suitable for young scuba divers who are looking for action-packed fun in a pool by completing exciting AquaMissions.

Have you ever wondered what it is like to dive with flashlights, take digital pictures underwater or float effortlessly like an astronaut? Participants can pick up advanced skills through specialty AquaMissions, such as navigation, buoyancy, environmental awareness and more.

Complete these AquaMissions and become a recognized PADI Seal Team Member! Your experience may also count toward the PADI Open Water Diver course when participants are old enough to participate in the course.

Prerequisite

- 8 years and above
 - Able to swim and be comfortable in the water
 - Parental approval
- #### Course Timeline
- Two x 3 hour session
 - Can be conducted in Laguna National's swimming pool

Member: **\$590++** , Guest: **\$600++**
Duration: **3 hrs per session for 2 sessions**

PADI Master Seal Team (Part 2)

Participants can take part in the second part of the AquaMissions, which include adventures such as creature identification ,search and recovery diving and skin diving. Complete these AquaMissions allows you to become a PADI Master Seal Team Member - joining an elite group of young scuba divers.

Course Timeline

- Two x 3 hour session
- To be conducted in an external facility with a deep pool

Prerequisite

- 8 – 12 years old
- Do not need to know to swim but not afraid of being in the pool

Member: **\$590++** , Guest: **\$600++**
Duration: **3 hrs per session for 2 sessions**



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